

## Dr. Xavier Bruce aka Dr. X

Retired Air Force Lieutenant Colonel, USAFA '00 Founder and CEO, Uplift Resilience Academy www.upliftresilienceacademy.com drx@upliftresilienceacademy.com 240-575-5383

We are a Service-Disabled, Veteran-Owned Small Business specializing in Self-Leadership, Interaction Management, and Resilience Building. Our tailored, interactive workshops introduce the core tenets of Dr. X's "Strategic Energetic Transition" framework which covers how to inspire, "inpower", and uplift yourself to overcome stress and anxiety life transitions.

- Cohort includes up to 8 learners
- Cohort last 4 weeks
- Each week includes discussion and assignment
- Includes Capstone Project
- Up to 8 Learners per Cohort
- Powered by Canvas Learning Management System

## **SOCIAL-ECONOMIC STATUS**

VETERAN SERVICE BUSINESS ENTITY SMALL BUSINESS RESERVE PROGRAM UNIQUE ENTITY ID: DSL8UJ6JWVM5

CAGE: 8PS86

#### **CORE COMPETENCIES**

ORGANIZATIONAL DEVELOPMENT LEADERSHIP DEVELOPMENT COMMUNITY WORKSHOPS CONSULTING SERVICES

## **NAICS CODES**

611430 - PROFESSIONAL AND MANAGEMENT DEVELOPMENT TRAINING
541611 - ADMINISTRATIVE/GENERAL MANAGEMENT CONSULTING SERVICES
541612 - HUMAN RESOURCES CONSULTING SERVICES
541618 - OTHER MANAGEMENT CONSULTING SERVICES

611710 - EDUCATIONAL SUPPORT SERVICES

# PAST PERFORMANCE

STATE & LOCAL GOVERNMENT
MARYLAND DEPARTMENT OF VETERAN AFFAIRS
MARYLAND DEPARTMENT OF LABOR

**EDUCATIONAL SECTOR** 

UNIVERSITY OF MARYLAND SCHOOL OF MEDICINE COMMUNITY COLLEGE OF BALTIMORE COUNTY UNIVERSITY OF MARYLAND GLOBAL CAMPUS

TOWSON UNIVERSITY

COURSERA

ENTERGY KBR

PRIVATE SECTOR
NORTHROP GRUMMAN
TOYOTA CONNECTED
BOSTON SCIENTIFIC
CATERPILLAR
RAYTHEON

